



理学療法学科3年生
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この国際多職種共働実習を通して、私たちは多くの学びの機会を得て、成長することができた。台湾の医療現場を実際に自分の目で見学することは、将来医療に携わる者となる上で貴重な経験であり、日本との違いや共通点についても考えることができた。県立医療大のカリキュラムにはない解剖学の実習をしたことも、自身の学びを深めることに繋がった。

また、医療についての学びだけでなく、KMUの学生との国際的な交流や台湾の文化に触れることも素晴らしい体験であった。台湾の学生は皆とても優しく、親切で友好的な人ばかりだった。毎日色々な場所に連れて行ってくれて、私たちが楽しめるようにたくさん計画を立ててくれた。特に印象に残っているのは、放課後にたくさんの台湾の友達と大きい夜市に行ったことだ。初めて見る食べ物や文化がたくさんあり、それらに挑戦したり一緒に写真を撮ったり、夜市はとても魅力的で、そこでの体験はどれもワクワクするようなものだった。

また、英語の能力に自信がないため、現地でのコミュニケーションについてかなり不安を感じていたが、どれだけ私たちが拙い英語を話そうとも、いつも一生懸命に聞き、意思を汲み取ってくれて、会話を楽しむことができた。私たちが何よりも驚いたのは何人かの台湾の学生は日本語で会話することができたという点だった。このおかげでコミュニケーションが取りやすくなり、より親密な関係を築くことができたと感じる。台湾で彼らと過ごした2週間は私たちにとてもかけがえのない宝物であり、決して忘れることのない美しい思い出となった。もし今後もこのような国際的な交流を持つことのできる機会があれば、積極的に参加したいと思う。

理学療法学科3年生 土谷 貴人

僕はこの前、台湾で約2週間、理学療法についての研修に参加する機会を得た。研修の内容自体ももちろん充実していたが、それ以上に心に残ったのは、現地の人々との温かい交流だった。特に印象的だったのは、台湾の原住民の方々との出会いだった。日本ではなかなか触れる機会のない文化や価値観に触れ、最初は少し緊張していたが、彼らは僕らを受け入れてくれた。日本語を話せる方もおり、日本への愛も感じた。

Yukana Matsuda, Momoka Nakata, Miu Masuda, 3rd Year Nursing Student



Through this international interprofessional training program, we gained many valuable learning opportunities and were able to grow. Observing the medical field in Taiwan firsthand was an invaluable experience for us as future healthcare professionals, and it gave us a chance to think about both the differences and similarities between Japan and Taiwan. One particularly meaningful experience was participating in an anatomy lab, something not included in the curriculum at our university. It helped deepen our understanding of medical knowledge. In addition to learning about healthcare, the international exchange with KMU students and the opportunity to experience Taiwanese culture were also wonderful. The Taiwanese students were all incredibly kind, helpful, and friendly. Every day, they took

us to various places and made many plans so we could enjoy our time there. One especially memorable experience was going to a large night market after class with many Taiwanese friends. We saw foods and cultural items for the first time, tried new things, took pictures together—it was an exciting and fascinating place, and everything we experienced there was thrilling.

At first, we were quite worried about communication because we weren't confident in our English skills. But no matter how broken our English was, they always listened carefully, tried hard to understand us, and made conversation enjoyable. What surprised us most was that some of the Taiwanese students could speak Japanese. Thanks to that, communication became much easier, and we were able to build even closer relationships. The two weeks we spent with them in Taiwan became an irreplaceable treasure and a beautiful memory we will never forget. If we have another chance to participate in international exchange programs like this in the future, we would definitely like to join again.

Tsuchiya Kanto, 3rd Year Physical Therapy Student

I recently had the opportunity to participate in a two-week training program in Taiwan focused on physical therapy. The content of the training itself was meaningful, but what left an even deeper impression on me was the warm interaction with the local people. One of the most memorable experiences was meeting members of Taiwan's Indigenous communities. At first, I felt a little nervous being exposed to cultures and values that I don't usually encounter in Japan, but they welcomed us warmly. Some of them could speak Japanese, and I could also feel their affection for Japan. I realized that even if language and culture are different, the connection between people doesn't change.

I was also struck by how interested Taiwanese people were in Japanese culture, customs, and even current trends. During our conversations, they asked things like, “How do you say this in Japanese?” or “What anime do you recommend from Japan?” Their curiosity and friendliness were very comforting, and it also gave me a chance to reflect on Japanese culture from a new perspective. On our days off, local students took us sightseeing. Rather than simply visiting places like Tainan or Cijin Island, traveling with them allowed us to experience the everyday lives and values of Taiwanese people. They made time for us, always greeted us with smiles, and showed us great kindness. I was deeply moved by their generosity throughout the trip. Through this training, I not only gained knowledge about physical therapy but also learned the importance of cultural exchange and the warmth of human connection. I returned to Japan with a sense of gratitude and emotion that words can't fully express, and a strong desire to visit Taiwan again someday.

言葉や文化が違って人も人とのつながりは変わらないのだと実感した。

また、台湾の人々は日本の文化や習慣、流行りの言葉にとっても興味を持っていて、僕たちとの会話の中で「日本語ではこれはなんて言うの?」「日本のアニメでおすすめは?」など、様々な質問をしてくれた。その好奇心と親しみやすさはとても心地よく、僕自身も日本について改めて考えるきっかけになった。

休日には、現地の学生が観光に連れて行ってくれ、台南や旗津島などの観光地をただ見て回るのではなく、台湾の人々の生活や価値観に触れながらの旅は、深く印象に残っている。彼らは僕たちのために時間を割き、常に笑顔で接してくれた。その親切心に、何度も胸が熱くなった。

この研修を通して、理学療法の知識だけでなく、異文化との交流の大切さ、人との関わりの温かさを学ぶことができた。言葉では伝えきれないほどの感謝と感動を胸に、日本に戻ってきた今、またいつか台湾を訪れたいという思いが強く残っている。

